

Relax, Release & Breathe Retreat

The Experience

May 13 - 15, 2022



Retreat Host:

L.A. Roberts

L.A. Roberts is a two-time International Best-Selling Author that has more than ten years of experience as a Transformational Speaker, Breakthrough Strategist and Executive Consultant. She is also the founder and CEO of I Inspire Global. Her first book, *From Breakdown to Breakthrough Life after Death*, has earned her a Platinum Author Award and has features on major networks, such as NBC, ABC, CBS, and Fox. She has also received the Valiant Warrior Award among other honors. L.A.'s second book, *The Root Cause- A Journey To Heal Your Inner Child*, was released on August 2019.

In addition to ranking #1 in three US Categories, she also ranked #1 in France, #1 in 3 German categories and received a #1 ranking in two Australian categories. Ms. Roberts was invited to speak at the U.N, Harvard University, Georgia State University, The American Red Cross, TEDx and many conferences and empowerment events, both in the US and Canada. In 2021 L.A. was awarded an honorary doctorate degree from Trinity International University of Ambassadors, and the Presidential Lifetime achievement award.

Ms. Roberts is currently a radio personality on iHeart Radio with her show “From My Heart to Yours”. L.A. has received the honor of being named one of the top 50 most influential women in business by V.I.P Global Magazine. She enjoys touring the country hosting Sister Suite Talks and her Relax, Release and Breathe retreats—all while finding time to do radio, TV, and Magazine interviews with Phenomenally Speaking, Faith Forward Today, Thriving Entrepreneur, Global Woman Magazine, Shout Out Atlanta, Voyage ATL and many more.

Website: www.LARobertsSpeaks.com



Retreat Host:
Kimberly
Thomas Massey

Kimberly Thomas Massey has over 20 years of experience as an insurance claims professional with a comprehensive background in project management, communications and customer service, related to personal and commercial insurance claims.

Although her corporate career provides service to customers, underwriters and brokers, her God-given gifts are to inspire, empower and guide individuals towards living their best purpose-filled lives. As the Founder and CEO of Claim-Life, Kimberly has established a movement that ignites sustainable personal and professional development to individuals through coaching and empowerment speaking. She masterfully listens, guides self-exploration and sparks actions that result in individuals evolving into the most satisfied and productive versions of themselves.

In addition to her professional and passionate pursuits, Kimberly is a Charter Member and Chaplain for The West Georgia, Georgia Chapter of The Links Incorporated. Further, Kimberly graciously holds leadership roles and is an active member on the Executive Board of Directors at her church, Marvelous Light Christian Ministries. She is also a member of Delta Sigma Theta Sorority, Incorporated. But above all, Kimberly’s love for the Lord allows her to seize every opportunity to shine for Him daily.



Retreat Host: Renee Hutcherson Lucier, CMC

Renee Hutcherson Lucier, CMC brings every lesson gleaned from the complexity of a very disruptive personal life, where she lost everything that meant *everything* to her, to her passionate pursuit with **QE³ Inspire**. She also brings more than thirty years in the corporate sector, where she was often the only woman, the youngest and the only person of color in a similar role. All of these life experiences brought about a passion for developing resilience in others, which fuels her every aspiration today. Coach Renee helps women on every level cultivate their own muscle to move through adversity, find their GOD-given power and achieve a life desired. She endows them to conquer battles, take back their lives and boulder through challenges that arise at home, at work, within the recesses of their minds, in their relationships, with their health and throughout their lives.

Coach Renee is an International bestselling author, who has more than six books to her credit, as well as a *newly-released* manifestation meditation book + audio compilation. She is credentialed as a Certified Master Coach through the Center for Coaching Certification. She holds a Bachelor of Science degree in Finance from DeVry University. She is a member of the American Business Women's Association, having served as the past President and Vice-President of her local chapter. She's also a member of The National Speakers Association and the International Coaching Federation. She actively mentors five young adults and is an engaged philanthropist with many organizations, such as The Atlanta Mission, Kiva, Skyland Trail, NAMI, as well as to those in need around the world. She volunteers locally at Our House (an organization fighting to end homelessness for families in Atlanta) and serves wherever children, women and families are benefited.

Coach Renee enjoys travelling the world, getting up close and personal with all people, nurturing her love of nature, as well as fostering greater creativity for herself in music and the arts. She loves expressing her athleticism, singing, entertaining, drawing portraits and spending cherished time with family and friends. She is the proud mother of a daughter, 27, and twin sons, 24.

Website: www.QE3Inspire.com